



# Joyful Notes

Summer 2024

Latest News from New Horizons Band of Colorado Springs (NHBCOS)



## FROM THE BOARD

By Harley Ferguson, President  
FNHBCOS Board of Directors

The Board's loss of Wayne Griffin, Board Secretary, due to health issues, is immeasurable. Wayne contributed mightily on many fronts and was absolutely dependable and brought an infectious positive attitude in all his work. We miss Wayne and send our sincere best wishes to Wayne and his family.

The financial and operational management of NHBCOS is the responsibility of the board but can't happen without the support of the conductors and the many, selfless volunteers. Our membership continues to grow and with growth comes challenges and associated decisions.

During the current Board of Directors' term, which began November 1, 2023, here are some of the key accomplishments:

- A 3-year contract with Prince of Peace Lutheran Church has been executed
- A 3-year contract with Ent Center for The Arts has been executed
- The 2024 Give! Pikes Peak application has been Submitted and Accepted
- A new Accountant Contract has been executed
- The Offsite Storage Unit has been released, resulting in \$175/month savings

(Continued on page 2)

## SPOTLIGHT ON: MARCIA LEE

By Marcia Lee  
Intro by Harley Ferguson



*Marcia Lee has been a member of NHBCOS for as long as most of us remember. She describes herself as participating in lots of activ-*

*ities and not particularly great at any of them. Most who know Marcia would respectfully disagree. Marcia's contributions to our organization include former Board Secretary for two years, Board Treasurer for three years, website management, Give! campaign management, frequent contributor to this newsletter and current active board member where she contributes ideas and always has a board project on her calendar; always punctual and always professional. Marcia's contributions are evident throughout our organization and I submit that she is anything but ordinary. She deserves appreciation from us all!*

I wish I had an exciting story to tell you about my life, but it is rather "normal". And for that, I am grateful! I participate in lots of activities and am not particularly stellar at any of them. There's always someone out there who is better, smarter, and/or more talented and that's okay as I've come to accept that it's a fact of life.

Born in Terre Haute, Indiana, and growing up as an Army brat I lived in many different places: in California once, France twice, Texas twice, Illinois several times, Maryland once and settled in Colorado Springs in 1967. I attended at least one and sometimes two schools each year before settling in Colorado Springs in 1967.

(Continued on page 2)

### Issue: Summer 2024

Joyful Notes is the quarterly newsletter of the New Horizons Band of Colorado Springs. Please send comments, suggestions or cancelations to

[joyfulnotes.nhbcos@gmail.com](mailto:joyfulnotes.nhbcos@gmail.com) or  
*Dennis Atkinson, editor*

All current and past issues available online at:  
[www.nhbcos.org/newsletter](http://www.nhbcos.org/newsletter).



**FROM THE BOARD**

*(Continued from page 1)*

- A new Cello Choir Ensemble has been added with Linda Johnson as the Conductor

The last tuition increase associated with our ensemble participation was effective more than five years ago – on January 1, 2019. As we are all aware, the cost of doing business has increased in all areas. During the past five years NHBCOS has consumed reserve funds that existed in 2019. We now must increase tuition to support increased costs and to rebuild necessary reserve funds. Reserve funds are cash accounts that are held for unexpected expenses. Increased expenses that must be supported include concert venues and transportation, liability and instrument insurance, music, accounting, salaries and payroll taxes. As a result, the board has approved a 15% increase in all ensemble tuition. This increase will be evident on the registration forms for the fall session beginning in August 2024.

Our organization is strong and growing. The benefits we all receive from our participation are evident in the age of our members. From the 21-year-old to the 91-year-old, it is a compelling experience embraced by all.

From the entire board, thank you for your support,

- Harley Ferguson – President
- Suellen Hill – Vice President
- Nancy Wilson – Treasurer
- Barb Bridgmon – Secretary
- Val Bardis – Member
- Marcia Lee – Member
- Larry Terrafranca – Member
- Marie Schrader – Member



**SPOTLIGHT: MARCIA LEE**

*(Continued from page 1)*

Harrison High School and the University of Northern Colorado are my alma maters. My degree was in Elementary Education and I taught for 6 years. Teaching was not my calling, so a career change to Commercial Insurance fit the bill. After 30+ years I retired from a local insurance agency (it was

originally CBS Insurance and then was sold to Van Gilder Insurance and then was sold to CB Insurance, and has since been sold again).

I married into the Air Force when Scott was halfway through his career. Most assignments were in Colorado Springs with one 3-year tour to Woomera, Australia which is in the Australian Outback. I taught an autistic child while in Woomera and also taught “American Studies” (social studies, spelling and handwriting) to the American students, K-7 in the area school. I even gave clarinet lessons to one young lady who never practiced!

The clarinet became my friend at age 10 and stayed with me throughout college. It took many tears to get my mom to let me play clarinet and as a result, I knew I better practice and make her proud. She attended all my concerts when I was young and still attends my concerts today. The clarinet and alto clarinet have been constant companions from the time I joined NHBCOS in 2008.

Currently I play in the Concert Band, Symphonic Band and Purple Mountain Clarinet Choir. I also organize a clarinet choir in December to play Christmas music for Senior Living Centers. I’m a member of the Heritage Ringers handbell choir and usually play bells in the treble clef ranging from Ab to C#. Occasionally, I play my clarinet with the bell choir to provide a bit of change to the sound for our audiences.

As an NHBCOS board member I have learned a lot about the organization. I have served twice and am a current board member. I also serve on the board of EPIC (Educational Partnerships Immersive Concerts) as the Treasurer. In past years, I volunteered on many other boards finding each one to be a worthy cause.

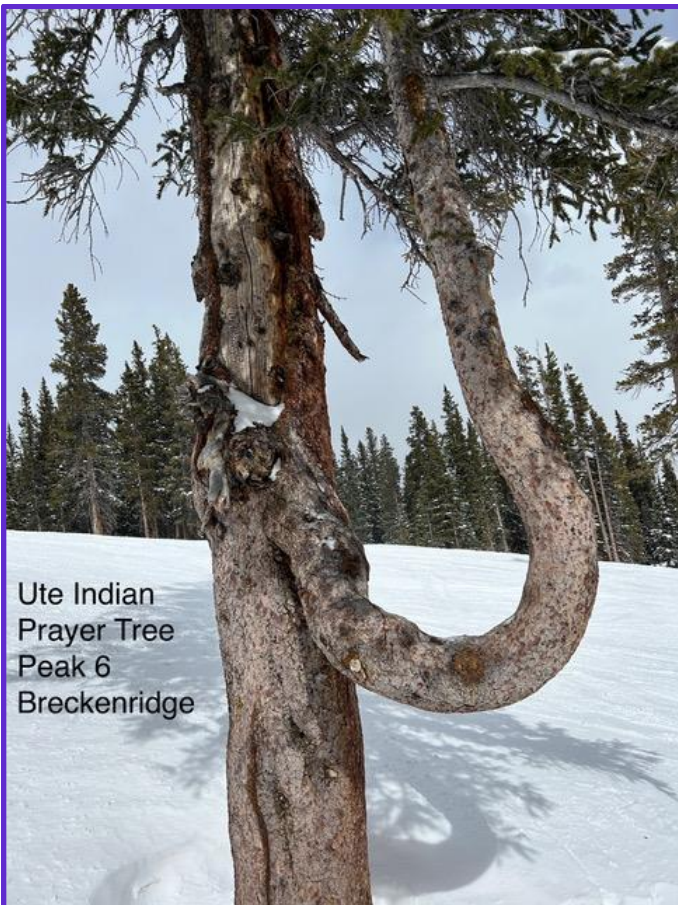
My hobbies include hiking (I manage and organize a hiking club), skiing, bowling, card making, book club, camping (in a cabin), taking clarinet lessons from Sergei Vassiliev, studying and feeding of hummingbirds, painting rocks to leave on hikes, and discovering Ute Indian Prayer trees





*Marcia Hiking with Friends*

Finding Ute Indian Prayer trees is an obsession with me while hiking. There is an abundance of these trees in the Pikes Peak region and they are fun to discover. I have pictures of most of the trees I've found if you're interested in seeing them. My most recent discovery was on Peak 6 at Breckenridge!



*Ute Indian Prayer Tree, Peak 6 Breckenridge*

I love Apple products and am an avid user of an iPad to organize and play music in all ensembles. If you're interested in using this medium to organize your music, I'd be happy to give instructions. I also love Subarus. My Subaru Forester is named Roj. I usually don't name inanimate objects, so Roj is special.

I've known my best friend Debbie since high school. She and her husband live in Colorado Springs and we see each other at least once a week and participate in hiking and camping activities together. We've gone on vacations together, done many crazy things over the years and both Lee and Deb have helped me with just about anything I needed since Scott passed away.

My parents (who are 90+ years old), brother, sisters, and step-sister all live in Colorado Springs. We get together frequently and often travel to Cripple Creek as it is one of my mom's favorite activities. I love to travel but have stayed in the U.S. the past few years due to aging parents.

Some unusual trivia about me: I've broken plenty of bones over the years including a leg at age 5; a wrist at ages 12, 15, 67; a foot at age 50. All breaks were clean requiring no surgery. In fact, I've never had a surgery where I stayed in the hospital and pray that the occasion never arises.

Things I will NEVER do and have NEVER intended to do: run a marathon, climb The Incline in Manitou Springs, parachute out of a plane.

I absolutely love living in Colorado Springs! I am a Broncos fan and have attended many Broncos games as the insurance agency I worked for insured the team.

See how normal my life is! I'm happy to be a part of NHB COS having found the organization through a Gazette Telegraph article about Ed Nuccio and his community band. I've made many friendships during the 16 years I've been in the bands and hope to continue playing for many more years.





### FEATURED SPONSOR: BEATTY & COMPANY, TAX AND ACCOUNTING

By Marcia Lee

Pama Beatty, owner of Beatty & Company, is a long-time sponsor of NHBCOS. Music is a passion for her, so she's grateful to be able to support the band and the musicians and is encouraged that the organization continues to grow and flourish.

She first learned about NHBCOS when her friend, Becky McCord, convinced her to join the band back in 2009. Becky and Pama have been friends since attending Colorado Springs Cheyenne Mountain schools together, and they both played in the high school band under the direction of Ed Nuccio. In fact, several other members of their class year (and other class years) have participated in NHBCOS. Ed was well liked as a teacher and director and was great at recruiting adults he had previously taught as students.

Born in Colorado Springs in the old St. Francis Hospital, Pama is a Colorado native. Her father was a teacher and started teaching in the Cheyenne Mountain School District about the same time that Ed Nuccio joined the teaching staff. Pama has photos of the newly hired teachers who joined the district in those years.



*Pama "on" the Timpani*

Percussionists are always in short supply, so it was great to have Pama as a member of the NHBCOS for many years before she resigned to care for family members experiencing health issues. Pama not only played in the band but also served as Board President for several years and was instrumental in keeping NHBCOS a viable, thriving organization.

Beatty & Company was formed in 2000 after Pama had worked at Hewlett Packard for 10 years and before becoming a stay-at-home Mom for 12 years. She loves what she does and specializes in accounting for small businesses. Her firm provides many kinds of accounting services for individuals and businesses to include tax preparation, bookkeeping and payroll services.

Pama was taking courses to become a United States Court Practitioner a couple of years ago when she had to quit the program to help take care of her father and dad ("dad" is step-dad but she always referred to him as dad.) This type of accounting practice allows her to represent clients when they meet with a judge in the court system. She knows this will be a valuable service to offer her clients and is now considering enrolling once again in the 1½ year program.

In the meantime, her son Zac has joined the firm and is learning the ins and outs of the business so Pama can turn the firm over to him some day. She has no plans to retire soon as she really loves what she does, loves her clients, and just isn't ready to give it up.

Pama is the proud mother of four sons from her first marriage. She married Casey in 2003 and recently welcomed into the family her first grandson, Charlie. Spending time with family is a joy, especially now that the income tax season has ended.

In her spare time, Pama loves taking 20-to-25-mile bike rides on the trails in the Pikes Peak region, solving puzzles, playing and listening to music, crocheting, enjoying really good beer and wine, working in her flower gardens, reading novels, camping, college football ("GO Michigan!"), watching Broncos football and probably many more activities that didn't come up in our conversation.

Pama dearly loves her grandson. She spoils him as any good grandmother would. She has a good heart, is a fun person, strives to be the best boss she can be, and has a terrific husband whom she also loves dearly.





*Pama and Marcia at a recent Give! Campaign Fundraiser*

If you were in the band with Pama, you know what I mean about being a fun person. She used to have t-shirts made up for the percussion section with quite funny slogans on them related to “sets” and “bongos”. Use your imagination! When she has a few minutes to spare she plays the piano and practices various percussion instruments in her music room. It’s good to know she’s keeping up her musical skills as we do hope she’ll join the band again one day. She is a very talented musician and will certainly liven up the rehearsals with her humor.

Thank you for supporting NHCOS, Pama!!!



**Beatty & Company**  
TAX AND ACCOUNTING  
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## MUSIC THERAPY AND THE BRAIN

By Sarah Sujansky

Like any other therapeutic medium or discipline, music therapy practice is informed by a variety of theoretical approaches (behavioral, psychodynamic, etc.). Neurologic music therapy (NMT) employs music’s many impacts on the brain as mechanisms for development or rehabilitation of skills such as motor, speech, and cognitive ability.

### Four Key Principles of Neurologic Music Therapy:

1. **Distribution of music** - There is no “music part” of the brain; music processing is distributed all over the brain!

Legge (2015) ([see Sources / Recommended Reading, page 6](#)) outlines a number of ways that neurotransmitters and neural regions appear to respond to music listening or active music-making. Research suggests that listening to relaxing music may reduce levels of cortisol (stress hormone) and stimulate oxytocin and vasopressin (implicated in social affiliation and trust). Pleasurable music listening is also associated with serotonin release. These studies further support the use of music in mental health/addiction treatment by helping patients learn to enjoy themselves and regulate emotions in an alternative way, without the use of substances. Numerous studies have explored the interaction between elements of music (harmony, dissonance, etc.) and neural regions associated with functions such as emotion processing, memory, speech production, motor movement, auditory processing, and cognition.

2. **Neuroplasticity** - Changing of brain structure / function (i.e., forming or pruning neural connections, neural remapping on a larger scale)

The neurotransmitter dopamine is accepted as a critical element of neuroplasticity. Dopamine is implicated in motivation and reward-seeking behaviors, working memory (storing information in your brain short-term until you use it), and learning processes (think “Pavlov’s dogs”) via pairing of dopamine release with new stimuli ([Stegemoller, 2014](#)).



Stegemoller establishes that music is a powerful tool to enhance neuroplasticity. Ever hear your favorite song and feel happy or get the “chills” (Legge)? Research suggests that music listening (pleasurable music in particular) stimulates dopaminergic regions. Music therapists exploit this connection between music, dopamine, and motivation/learning to help train the brain to think and respond in different ways! As discussed by [Legge \(2015\)](#), neural reward circuit dysfunction has been implicated in addiction; as such, music may be a powerful tool to in rehabilitation of addiction via music-mediated dopamine release.

[Olszewska et al. \(2021\)](#) explores evidence that musical training can shape the brain. They reviewed recent studies and outlined differences between the brains of musicians and non-musicians, including enhanced sensory processing, executive functions (higher cognitive functions), memory, fine motor control, and auditory processing and attention to musical stimuli.

### 3. **Entrainment** - brain function “locking into” a musical stimulus

Put on some music and try to walk to a tempo that doesn’t match it. Not so easy! Central pattern generators in our brain stem and spinal cord pair our motor movements with auditory perception of rhythm. This is not a cognitive process - it happens without any learning or conscious perception needed!

Music therapists will use temporal (e.g., tempo / meter), spatial (e.g., pitch / harmony / melody) and force (e.g., dynamics / harmony) cues as structure to guide and support practice of functional motor movements.

### 4. **Activation of shared or extended neural networks** - music processing involves activation of brain areas shared with other functions such as emotion processing, speech/language, and motor movements.

The NMT protocol known as Melodic Intonation Therapy (MIT) is shared with the discipline of speech-language pathology and exploits

shared/similar neural networks to rehabilitate speech in patients with Broca’s aphasia.

Ever talk in a sing-songy voice? Consider the natural cadences you use when speaking a normal sentence. These cadences can easily be converted into a short melodic song. People with Broca’s aphasia (left-hemisphere damage after an event such as a stroke or TBI) may struggle with speech but are still able to sing (melodic processing and singing are right-hemisphere functions). Music therapists may exploit this to re-route speech to the right side of the brain via practicing speaking with musical prosody (melodic intonation, lengthening of syllables, etc.) and gradually easing back into natural speech. As speech production is largely a motor task, rhythm is also considered a crucial part of this process.

[Limb and Braun \(2008\)](#) used fMRI to identify neural differences between musical improvisation and performance of “over-learned” music. Improvisation activated areas associated with self-expression and deactivated areas associated with self-monitoring and inhibition. [Donnay et al. \(2014\)](#) also identified that jazz musicians “trading 4’s” (playing back-and-forth) activated regions associated with syntax but not regions involved in semantic processing, indicating that the experience functioned as communication but that music and language process meaning differently.

*\*\*\*It should be noted that the information in this article does not constitute therapy or advice but should instead be taken as a collection of fun facts about how our brains respond to music and principles/theories used in music therapy practice!*

### **Sources / Recommended Reading:**

Donnay GF, Rankin SK, Lopez-Gonzalez M, Jiradejvong P, Limb CJ (2014). Neural Substrates of Interactive Musical Improvisation: An fMRI Study of ‘Trading Fours’ in Jazz. *PLoS ONE* 9(2): e88665. <https://doi.org/10.1371/journal.pone.0088665>

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Roth, Edward A. (2014). Clinical Improvisation in Neurologic Music Therapy. In Michael H. Thaut & Volker Hoemberg (Eds.), *Handbook of Neurologic Music Therapy* (pp. 140-145). Oxford, United Kingdom: Oxford University Press.

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## EXTENDED TECHNIQUE IN MUSIC NOTATION FOR STRINGS, PART I

By Amanda Hessel

One of the first things we learn as musicians is how to read the notes on our primary staff: treble, alto, or bass. Reading the notes is the key to unlocking all the great music available for us to play! But sometimes there are more than just simple rhythmic divisions and pitches. Often, the composer writes out detailed instructions to create a more exact sound that is desired - we'll call these **extended techniques**. Let's look at some common notation for extended techniques on string instruments, starting with left-hand (pitched) technique.

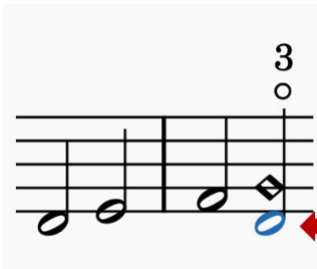
### LEFT HAND TECHNIQUE

**Harmonics** - There are several ways to notate harmonics because there are several ways to play harmonics! There are two types of harmonics - natural and artificial. The natural harmonics are playable by lightly touching the string where it divides naturally in half (and then in half again, and again, and so on - the harmonic overtone series). These natural harmonics are notated as below: normal noteheads with a 4 and O above them. In this example, the violin harmonics shown would be played on the E, A, D, and G strings (reading from left to right).



Natural harmonics can also be notated using a diamond-shaped head, and will sometimes suggest a fingering with an 'O' as well (below). When composers and/or arrangers want to give extra instruction, they often include a notehead below the harmonic indicating which string to play the harmonic on. This note is **not** played as a double stop.

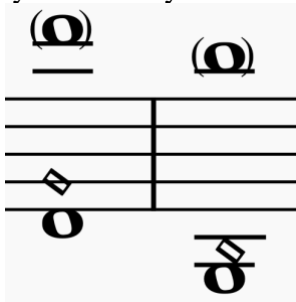




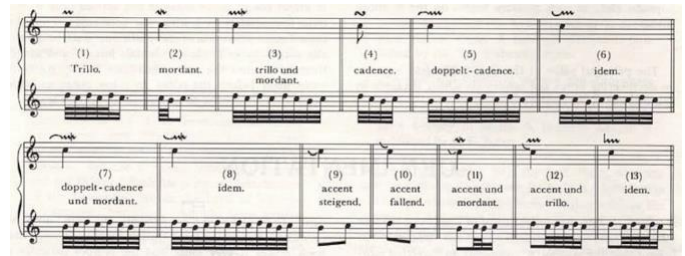
Artificial harmonics (below) are created by stopping the string with the first finger to create a shorter overall string (and thus a different harmonic overtone series) and the fourth finger lightly touching the string. Artificial harmonics look like double stops; however, the bottom note will be a traditional notehead (will not sound) and the top note will be the diamond notation for a harmonic:



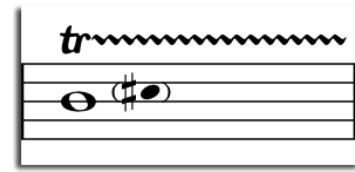
If a harmonic has a notehead in parenthesis above it, it simply indicates the pitch that will sound when the harmonic is played correctly.



**Trills/Mordents/Turns** The techniques for trills, mordents, turns/cadences, and other ornamental markings often depends on the time-period of the music. In addition, some composers use(d) their own shorthand to indicate ornamental additions that may or may not match other composers or standard notations. In more modern-day compositions, composers often include a “key” on the first page of the score to clarify their markings and ensure a consistent performance. Below is an image showing a variety of Baroque-period ornamentation markings. Many of these are no longer in regular use by composers today.



In modern music and arrangements, a trill is notated by the letters “tr” and a squiggly line over the duration of the note:



In the picture shown, the note to trill *to* is shown in parenthesis, but this is not often the case. When no courtesy note is shown, the standard trill goes from the note shown *up* to the next note indicated in the key signature. Occasionally, the “tr” notation will include an accidental next to it, indicating that the note to trill to is not in the key signature. Music from the Baroque and early Classical periods will typically start the trill from the upper (auxiliary) note and trill down to the primary note, whereas music from the later time periods typically begins on the primary and trills up to the auxiliary note.

A mordent is a shortened version of a trill - one oscillation.



The notation for a mordent looks similar to a trill, but shorter. As shown in the example (left), there are two mordent symbols - one that indicates an upper mordent and one indicating a lower mordent.

A turn, or a cadence, can be written out or shown by the following notation:





© 2015 Brandy Kraemer

Note how the direction of the line in the middle shows visually the direction of the notes in the turn. A turn will never start on the note shown but will always end on that note.

**Glissando** Often seen in solo music, less frequently in orchestral parts, a glissando can be flashy and showy, adding effect. There are several ways to notate a glissando:



Occasionally, a composer will use different notations within the same piece indicating different styles of glissando. This will be explained in the “key” found with the score.

The standard technique for glissando will start on the first pitch, sliding to the second pitch using one finger and staying on one string. The glissando should take the entire time notated. In the examples above, the glissando would start immediately on the G, taking two beats to slide up to the C.

**\*FUN FACT\*** Wind and brass instruments cannot make a true glissando but will rather perform this as a quick run of individual notes.

Check out the *Joyful Notes* Autumn 2024 newsletter for notation and extended technique in the right hand!



## THE CICADA WALTZ

By Dennis Atkinson

As I was collecting articles for this issue from our talented newsletter writers and contributors, Larry Terrafranca sent me this photo of a cicada he

sculpted during his first encounter with the “Bug of Summer 2024.” Larry’s piece is called “Gothic Cicada.” He described the song of the cicada “...like the worst case of tinnitus possible.”



*Gothic Cicada, sculpted by Larry Terrafranca*

This caused me to do a little reading about cicadas and what “makes them tick”; I grew up with them in Iowa but I didn’t know they were in Colorado. Cicadas are large insects that burrow and develop underground and feed on fluids from roots of grasses, shrubs and trees. I discovered that the adult cicadas found in Colorado emerge 3 to 5 years, sometimes longer, after their eggs have hatched. Periodical cicadas, such as the 17-year and 13-year variety do not live in Colorado but are found mainly east of the Mississippi. The “singing” is done by the male cicadas to attract females. I was fascinated by the video recently released by “Smarter Every Day”, one of my favorite YouTube channels that explores the world using science, where they describe in-depth what is producing this sound. You can watch the [full video here on YouTube](#); I highly recommend it.

According to their entomologist, the sound comes from one part of the cicada anatomy called a tymbal; “like the top of a Snapple bottle, if you click it a lot of times it’s going to make a noise.” The bottom part of the cicada is hollow and serves as a resonance chamber as the tymbal vibrates, opening and closing once every six milliseconds. The Smarter Every Day crew used a video camera that records 110,000 frames per second to capture these vibrations – in



two separate frequencies at the same time - in action. When they play this back in slow-motion, they discover that the vibrations are all timed in 3/4 time – one-two-three, one-two-three: the Cicada Waltz!

If you like the sound of the cicada (and don't have tinnitus) there are several versions of Cicada White Noise recordings. Search your favorite music app to find the tone that works best for you.



**KROGER CONTRIBUTIONS REMINDER**

By Nancy Wilson

Did you know that you can provide financial support to Friends of New Horizons Band of Colorado Springs (FNHBCOS) simply by shopping at King Soopers, City Market and other Kroger Family of Companies? It's true! Through the Kroger Community Rewards Program, anyone with a Shopper's Card can enroll and donate money to our organization every time you shop.



FNHBCOS receives a small percentage of credit when our supporters shop and scan their Shopper's Card or use their Alternate ID, using cash, check or credit card.<sup>1</sup>

The amount of credit FNHBCOS receives can be anywhere from \$25 to \$125,000 per quarter! In recent years, FNHBCOS has enjoyed an annual contribution ranging between mid-\$2,000 to mid-\$5,000 in contributions from the Kroger Community Rewards Program. In Q4 of 2023 we received \$498.62; in Q1 of 2024 we received \$633.31.

<sup>1</sup> Some purchases do not apply: Fuel, RX (unless out of pocket), Alcohol, Tobacco, Kroger CO. family of gift cards, Postage stamps, Green-dot prepaid reloadable products, Money paks, 1-2-3 rewards reloadable Visa prepaid debit card, recharge cards, American Express, Visa, Mastercard

Additional information on the program is available from this [King Soopers page](#) or this [City Market page](#).

To enroll in the King Soopers Community Rewards Program and support FNHBCOS, you get a Shopper's Card application from King Soopers or from me, and with that account number set up an online account at [www.kingsoopers.com](http://www.kingsoopers.com) or [www.citymarket.com](http://www.citymarket.com) - Click/tap "Sign In" then "Create Account." Once your account has been created, sign in then select "My Account". Setup the rewards program by:

1. Click/tap the "Community Rewards" box.
2. Search for **Friends of New Horizons Band of Colorado Springs**
3. Click/tap "enroll" when our organization's name appears

There you give your home or cell phone number as your alternate id and tie your account to your purchases (and your purchases to your FNHBCOS donation) by entering your alternate id, whenever you shop. Easier to remember than whether you have the Shopper's Card with you when you go shopping.

When you set up the account, you'll also give your email address. You can check your fuel points on the King Soopers website and receive emailed digital coupons.

Donating has become automatic and easy-peasy! Donating does not affect your fuel points, although gas purchases can be used to donate too by entering that alternate id at the pump.

It is simple and takes only a few minutes. Please be sure to tell your family and friends who may have Shopper's Cards about this program.



variable load gift cards, bottle deposits, lottery and promotional tickets, Money Orders, Western Union, and sales tax.



**MARK YOUR CALENDARS** See times and other details on calendar at [www.nhbcos.org](http://www.nhbcos.org)

Monday	Practice – scales, sound production, technical exercises
Tuesday	Practice – long tones, technical etudes, listen to music you enjoy for at least an hour. Tune out all other noise.
Wednesday	Practice – scales, long tones, articulation etudes
Thursday	Practice and actively listen to music by musicians you admire (listening to music being the thing you are doing and not a secondary task). Observe why you like these musicians and set a goal to play more like them
Friday	Practice something non-technical from your repertoire
Saturday	Practice sight-reading some new piece of music
Sunday	Practice living a day of rest and free from news. Read a book. Talk to a friend, or a stranger. Write a letter. Count your blessings. Set a goal for next week.
<b>June</b>	
Jun 2	Sir Edward Elgar birthday (1857)
Jun 8	Robert Schumann birthday (1810)
Jun 9	Cole Porter birthday (1891)
Jun 11	Richard Strauss birthday (1864)
Jun 14	Flag Day
Jun 15	Edvard Grieg birthday (1843)
Jun 17	Igor Stravinsky birthday (1882)
Jun 16	Father's Day
Jun 19	Juneteenth
Jun 20	Summer Solstice 2:50 p.m.
Jun 21	World Music Day; Summer Solstice 3:58 pm MDT); Johann Christoph Bach birthday (1732)
Jun 25	Global Beatles Day
Jun 27	Armed Forces Day
Jun 28	End of NHBCOS Summer Session
<b>July</b>	
Jul 4	Independence Day
Jul 7	Gustav Mahler birthday (1860)
Jul 26	Parents' Day
Jul 31	Uncommon Instrument Awareness Day
<b>August</b>	
Aug 1	Colorado Day
Aug 12	Start of NHBCOS Fall Session
Aug 17	National Nonprofit Day
Aug 21	Senior Citizens Day
Aug 22	Claude Debussy birthday (1862)
Aug 25	Leonard Bernstein birthday (1918)

**2024 Summer Concerts** (see [www.nhbcos.org/concerts](http://www.nhbcos.org/concerts))

Jun 30	NHBCOS Concert & Symphonic Band, Soda Springs Park (1016 Manitou Ave, Manitou Springs), 6:30 – 8:00 pm, free admission
Jul 10	NHBCOS Kicks Jazz Band, 6:00 – 7:30 pm, Bear Creek Regional Park (S 21 <sup>st</sup> St & Argus Blvd, Colorado Springs), free admission
Jul 11	NHBCOS Kicks Jazz Band, 6:00 – 7:30 pm, Black Forest Community Center (12530 Black Forest Rd, Black Forest), free admission





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Please thank our Business Sponsors and Partners who continue to give to NHBCOS so generously throughout the last year. It is because of each of these organizations that we are able to keep the music alive! Click on each business card for more information. Please remember to mention NHBCOS when you conduct business with our sponsors because it increases the likelihood of the sponsor renewing their membership if they know their advertising dollars are working.



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