



# Joyful Notes

**Autumn 2024**

Latest News from New Horizons Band of Colorado Springs (NHBCOS)



## FROM THE BOARD

By Harley Ferguson, President  
FNHBCOS Board of Directors

*New Horizons Band of Colorado Springs Number of Participating Musicians: 222*



As we commence the 2024 Fall Session, and our 21st year of operation, it is important to understand the magnitude of our organization. Our family, 220+ strong, is a source of health and joy for musicians and conductors alike. It is fair to say the collaborative effort is a passionate pursuit for us all. Our membership continues to grow more diverse aged 18 to 92 years.



Thank you, Jim Keuning, for managing concert equipment transportation for many years! Volunteer management of our organization is essential and exemplifies the breadth of our community.



Preparation for the 2024 Give! Campaign is underway and our Matching Grantors have committed \$13,500 toward this year's campaign, running from November 1st thru December 31st. Everyone's support is important and appreciated.

Ever wonder what we have going on during the week? Here's a list of each of the ensembles and the people who make it all happen.

*(Continued on page 2)*

## SPOTLIGHT ON: JAQUE PETERSON

By Jaque Peterson

Intro by Amanda Hessel, Conductor Symphonic Strings



*Jaque Peterson has been a valued member of the Monday morning New Horizons orchestra since before I began the joyful journey of working with the group. I've seen that she is*

*a trusted source of knowledge to the orchestra members on all things violin, regardless of whether she feels like an expert or not. Jaque continually pushes not just herself, but the group as a whole to play better and better. And the orchestra relies on her leadership in the group, as well as her beautiful sound to anchor the group and to inspire confidence across the ensemble. But really, Jaque speaks well for herself as you'll see below. She has such a passion to continually learn about violin and is always working to take the next step, learn the next skill, experience another musical opportunity, but mostly just have FUN playing her violin!*

I was born in Phoenix, Arizona but my folks moved right back to Colorado after my birth, so I consider myself a Colorado native. I can't remember a time when I didn't love making music on some sort on instruments, whether the piano, toy xylophone, a guitar at my grandparents, whistling through a folded leaf, pop bottles filled with varying amounts of water, a plastic saxophone – whatever! Apparently, the adults saw there was some potential, so the old upright piano was moved from grandma's house to ours and lessons started when I was 4 or 5.

*(Continued on page 2)*

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**Issue: Autumn 2024**  
Joyful Notes is the quarterly newsletter of the New Horizons Band of Colorado Springs. Please send comments, suggestions or cancelations to [joyfulnotes.nhbcos@gmail.com](mailto:joyfulnotes.nhbcos@gmail.com) or [Dennis Atkinson, editor](mailto:Dennis Atkinson, editor)  
All current and past issues available online at: [www.nhbcos.org/newsletter](http://www.nhbcos.org/newsletter).



**FROM THE BOARD**

*(Continued from page 1)*

**Monday**

**Concert Band**

Time: 9:00 – 11:00 am  
Conductor: Stephen Rumbold  
Musicians: 46

**Symphonic Strings**

Time: 9:00 – 11:00 am  
Conductor: Amanda Hessel  
Musicians: 19

**Purple Mountain Clarinets**

Time: 5:00 – 6:30 pm  
Conductor: Pam Diaz  
Musicians: 17

**Cello Choir**

Time: 7:00 – 8:30 pm  
Conductor: Linda Johnson  
Musicians: 13

**Kicks Jazz Band**

Time: 6:30 – 8:30 pm  
Conductor: Tom Fowler  
Musicians: 19

**Wednesday**

**Concert Band**

Time: 9:00 – 11:00 am  
Conductor: Stephen Rumbold  
Musicians: 46

**Intermediate Band**

Time: 6:00 – 7:30 pm  
Conductor: Raymond Bell  
Musicians: 11

**Thursday**

**Symphonic Band**

Time: 6:30 – 8:30 pm  
Conductor: Alex Marquez  
Musicians: 66

**Intermediate Strings**

Time: 5:00 – 6:30 pm  
Conductor: Carla Scott  
Musicians: 13

**Concert Strings**

Time: 6:45 – 8:15 pm  
Conductor: Carla Scott  
Musicians: 21

**NHCOS Board of Directors**

Harley Ferguson	President, Give! Campaign Chair
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Nancy Wilson	Treasurer, Employee Payroll & Financial Reporting

**NHCOS Board of Directors** (continued)

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Julie Jamison	Marketing
Dennis Atkinson	Joyful Notes Newsletter Editor

**We are Keeping the Music Alive!!**



**SPOTLIGHT: JAQUE PETERSON**

*(Continued from page 1)*

Lessons were sporadic during my growing up years because of limited finances, but I was continually experimenting and learning. I never could understand why so many adults would say to me “don’t ever stop playing the piano.” Why in the world would I want to do that?

The only time I recall not wanting to practice was when learning the Moonlight sonata; too many sharps and it was boring. Obviously, I had not had the opportunity to listen to it being played well. Classical music was not present in our home, other than whatever my teachers assigned me, so I was exposed to very little of anything outside of church music, which I have always dearly loved. When I was young a friend challenged me to play a hymn in every key, and that helped me learn theory. I learned how to improvise in the evangelistic gospel style which set me up for a lifetime of being the church pianist.

Another very valuable step in my musical education was from the insight of my band/orchestra director. He would send me home with any instruments that



weren't being used, along with a beginning book, so I could learn to play. Then he would always find a way for me to play that instrument in a group. So, I learned saxophone, French horn, baritone, clarinet, trombone, trumpet, violin, viola (that one was because I had a crush on a cello player and I figured if I switched from violin to viola I could sit next to him!), cello, organ, harmonica, guitar, string bass, flute. As far as violin training, there was really none except what I got from the band director (who probably had one semester of strings at college) and at music camps. So, I never learned to play very well and I can't say I was crazy about it. In the college orchestra at University of Northern Colorado we were required to take private lessons; while I had some excellent teachers, they knew I wasn't interested in anything but piano, my major instrument, so they didn't push me and I learned basically nothing! As an adult when I finally wanted to learn violin, I took a couple years of lessons and got to where I wasn't embarrassed by how I sounded. Then my violin spent 30 years under the bed while my husband and I ran our window covering business. There was just no time for violin. About 6 years ago I could see the opportunity to pick it up again; I started taking lessons and developed a passion to learn. My goal was to learn to play beautifully at church, for the glory of God. I became interested in trying out for the Pikes Peak Philharmonic but thought it would be a good idea to try my hand at orchestra again in the New Horizons strings. My plan was to play one summer, then join the PP Philharmonic. But this orchestra was so much fun I never wanted to stop, and I am always learning something from Amanda. I now play in 3 orchestras, a string trio, a string quartet, and solo violin at church. I have developed a love for chamber music and have attended several chamber music retreats in Colorado and Texas. Good old arthritis has made playing piano painful, but I can play the violin for hours every day with little pain. I have a passion to learn all I can on the violin while my fingers still work! I have realized the goal to play beautifully in church, but there is still so far to go, so much I want to learn. I JUST LOVE THE VIOLIN!!!



### FEATURED SPONSOR: HEARING CONSULTANTS OF COLORADO SPRINGS

By Dennis Atkinson

Our featured sponsor this quarter is one of our newer sponsors. Hearing Consultants of Colorado Springs began their partnership with NHBCOS in the autumn of 2019. Since then, they have made several musicians happier because we can now completely understand the conductor and hear the finest sharp or flat where there shouldn't be one. They have made conductors happier by not having to repeat the measure numbers to be played next during rehearsals. They have also made members of our concert audience happier because they can fully hear the wonderful sounds coming from the stage. Best of all, they have made spouses of all the people mentioned above much happier because they no longer have to respond to several hundred "What?" requests a day and they've saved hours in not repeating what they just said. As someone close to me once joked, "Hearing aids are cheaper than a divorce!"



Hearing Consultants is currently located at 6375 Lehman Drive, Ste 100 in Colorado Springs. I first started doing business with them, shortly after their practice opened in 1981 in a small office downtown. According to Jessica Caldwell, Patient Care Coordinator for Hearing Consultants, about 65% of their most recent patients are of retirement age. They provide the following services to all patients, young and not so young:

- Hearing exams and treatment
- Tinnitus and Balance evaluations and treatment
- Custom hearing protection










- Wax removal
- Hearing Aids & services
- Cochlear Implants and BAHA (Bone Anchored Hearing Aids)
- *Specific to musicians we offer Musician filters and monitors*

The most requested, most popular of these services are hearing exams, wax removal and hearing aid services. I can attest to that list. On the morning of the first day of the NHBCOS Fall Session, one of my “ears” (my geriatric-friendly term for hearing aids) quit working. I did all the usual cleaning, filter replacing, dusting, etc., I do in these instances but nothing would work. Orchestra was going to begin the new session at 9 a.m. that morning and I couldn’t hear well enough to play with just one ear so I put in my old backup ears (about 50% the strength of my new ears) and drove to Hearing Consultants within minutes of their 8:30 a.m. opening. Jessica took my ears and within minutes returned them, good as new. My day was saved!

I would venture to guess that one of the most common secrets of NHBCOS members is that we experience tinnitus. Tinnitus is defined as the perception of sound in the absence of an external source, such as ringing, buzzing, or roaring in the ears. I was diagnosed with it years ago and received therapy and training for it so that I don’t think about it and I’m not bothered by it *unless* I bring it to a conscious level by writing or talking about it so I’m going to make this short. Here is a more detailed description of the tinnitus treatment provided by Hearing Consultants. I highly recommend you consider it if you experience tinnitus.

<p><b>HEARING DEVICES</b></p>  <p>Hearing aids may help reduce one’s perception of the tinnitus by increasing their awareness of external sounds.</p>	<p><b>TINNITUS RETRAINING THERAPY</b></p>  <p>Tinnitus Retraining Therapy, is highly effective in helping you to habituate your reaction to tinnitus. Treatment plans are typically 9-12 months and outcomes are highly effective.</p>	<p><b>NEOSENSORY</b></p>  <p>Using bimodal stimulation, the brain learns to pay less attention to the internal sounds, and tinnitus becomes less challenging to deal with on a daily basis.</p>
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<p><b>MAHANA</b></p>  <p>Cognitive Behavioral therapy that is self-guided through an app and uses proven techniques to help people reduce the impact of tinnitus on their quality of life.</p>	<p><b>SOUND OASIS</b></p>  <p>Best used for individuals that are only bothered by their tinnitus at night and also have minimal impact throughout the day.</p>
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In reading the reviews of recent Hearing Consultant clients, and in my nearly 40 years of personal experience, what sets Hearing Consultants apart from other audiologists is their Customer Service. From the second I walk in the door (appointment or emergency) to the moment I leave their office, I am treated like I’m the most important client of their day. I’m greeted by the receptionist, they are happy to see me, I have a short wait, an informational and enjoyable wait in the lobby watching the *Hearing News Network* through Clear Digital Media. I’m escorted to one of the private, beautiful offices and greeted by the doctor. I feel like family. Once the exam or service is completed, I’m escorted back to the front desk to set the next appointment and, best of all, get a Dove Chocolate before leaving.

Jessica said that it is always a delight for the staff at Hearing Consultants anytime they have the chance to provide a service to a patient that inspires them to write a 5-star review about the service they received. The staff starts their day every morning by reading their reviews from the previous day with the team. From what I’ve read, that would be the perfect way to start any day!

Thank you, Hearing Consultants, for being the best at what you do and for your many years of supporting New Horizons Band of Colorado Springs!



**Hearing Consultants**  
 Phone: (719) 633-1494 • [www.myhearingconsultants.com](http://www.myhearingconsultants.com)  
 6375 Lehman Drive, Ste 100 • Colorado Springs, CO 80918

Hearing Evaluation • Tinnitus Evaluation & Treatment  
 Hearing Aids & Repairs • Cochlear Implant Evaluation & Mapping





IN MEMORIAM

By Dennis Atkinson  
Obituaries provided by families

New Horizons Band of Colorado Springs lost two very dear, special friends and musicians this quarter both of whom will be deeply missed. Former trumpet player for Concert Band and Symphonic Band, Dave Martz died on July 23, 2024. Trombone player for Concert Band and Symphonic Band, Wayne Griffin died on June 20, 2024. Both gentlemen gave so much to the organization, through their music, their hours and their friendship. The FNHBCOS Board would like to express their deepest sympathy to the spouses and families of Dave and Wayne. We also say thank you to the donors for the more than \$2,000 in memorial contributions provided to NHBCOS in memory of Dave Martz and Wayne Griffin.

The obituaries of Dave Martz and Wayne Griffin follow.

<p><b>David Charles Martz</b> August 17, 1940 to July 23, 2024</p>	
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David Charles Martz, known affectionately as Dave, passed away on July 23, 2024, at the age of 83 in Parker, Colorado. Born on August 17, 1940, in Silver Lake, Wisconsin, Dave embarked on a distinguished career in medicine after graduating in just 3 years from the University of Colorado Boulder to attend the CU Medical School.

Dave dedicated his life to the medical profession, working at Colorado Springs Medical Center and Pikes Peak Cancer Specialists, which later became part of the Rocky Mountain Cancer Centers. His leadership and commitment to service were evident during his tenure as President of the Colorado Medical Society and as a member of the admissions committee at CU Medical School. After a brief retirement, Dave accepted a position as the Medical Director for Colorado Springs hospice. Following a

complex chronic illness diagnosis, he devoted his time, energy and passion to a Lyme Disease research clinic.

Beyond his professional achievements, Dave was deeply involved in his community and his church, First Presbyterian Church, where he also worshipped and played the trumpet. He was a man of faith, intelligence, and compassion.

Dave's personal life was enriched by his hobbies, which included playing the trumpet in multiple orchestras and the Pueblo Symphony, fishing, photography and travel.



These activities brought him great joy and fulfillment throughout his life.

He leaves behind his beloved wife, Dee Martz, children, David Martz and Kitty Martz, stepchildren, Burke Fielder and Ali Covak, and siblings, Jim Martz and Gwen Johnson. Dave was preceded in death by his parents, Lloyd and Winifred Martz.

A service to celebrate Dave's life was held at First Presbyterian Church in Colorado Springs on Friday, August 9 at 1:00 PM. In lieu of flowers, contributions may be made to the Music Ministry at First Presbyterian Church, honoring Dave's legacy of compassion, music and faith.

<p><b>Wayne Garret Griffin</b> August 15, 1946 to June 20, 2024</p>	
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It is with heavy but grateful hearts that the Griffin, Parker, and De León families announce that Wayne Garrett Griffin has been taken to our Lord after a



lifetime of love and laughter. He passed peacefully at his home in Colorado Springs, Colorado on June 20, 2024, after succumbing to a seven-month battle with brain cancer. Wayne is survived by his wife of 54 years, Susan (Susie) Griffin, his daughters Melinda (Mindy) Parker and Jane De León Griffin, sons-in-law Jeff Parker and Daniel De León, grandchildren Paige Parker, Elena Parker, Michael Parker, Annette Parker, and Vera De León, and brothers Christopher (Chris) Griffin and William (Bill) Griffin. Wayne was buried with military honors at Pike's Peak National Cemetery in Colorado Springs, Colorado.

Born on August 15, 1946 in Glendale, CA to Harry and Barbara Griffin (deceased), Wayne was the eldest of four children: Chris, Bill, and Constance (Connie, deceased). As a child, Wayne loved the beach and spent summers on Balboa Island and Catalina Island. In high school, Wayne played the trombone in the school band and was a member of the varsity water polo team. He graduated Hoover High School in Glendale, CA in 1964 and went on to earn a bachelor's degree in business at the California Polytechnic State University (Cal Poly) in San Luis Obispo, CA, where he became an active student leader on campus. He was a member of the Phi Kappa Psi fraternity, and in his senior year became lead student organizer of the university's orientation program for new first-year students. While at Cal Poly, Wayne met his future wife, Susie Entekin, shortly after his graduation and just weeks before he left to serve his country in the United States Navy. Wayne and Susie fell in love over letters they exchanged while Susie continued her studies at Cal Poly and Wayne served as a Personnelman Second Class in the Navy in Vietnam; he eventually earned a Navy Achievement metal for his meritorious military service. Wayne and Susie married in 1970 and spent the first year of their marriage living continents apart while Wayne continued his service in Vietnam; later they lived together on Naval bases across California as Wayne finished out his military service and Susie completed her college degree.

In 1973, the Griffins settled down in Wayne's hometown of Glendale, CA, where Wayne worked as Production Manager at the family business, Griffin Printing & Lithograph Co., Inc., founded by Carry Griffin, his grandfather.

In 1978, Wayne and Susie decided to leave the printing business and move their young family to the city of Avalon on Catalina Island to help run the seafood restaurant, *The Upstairs Place*, with Wayne's parents, Harry and Barbara.



Thus began Wayne and Susie's 36 years of living on Catalina Island, where they raised two daughters and left an enduring impact on the local economy and community. When they retired in 2014, the Catalina Island Chamber of Commerce and Visitors Bureau awarded them the inaugural Wayne and Susie Griffin Award of Excellence for Outstanding Community Service. In the ten years since Wayne and Susie were honored with this award, only two other individuals have demonstrated the requisite level of service as to receive the award as well.

After running *The Upstairs Place*—known for its *Potatoes Romano* and swordfish—for 10 years, Wayne closed the restaurant in 1988 and took over as President & CEO of the Catalina Island Chamber of Commerce & Visitors Bureau, where he served for nearly 27 years. Through his work at the Chamber, Wayne helped expand and modernize the tourism industry on Catalina, across the state of California, and across the South-Western region of the United States. On the island, he advocated to bring business to Catalina to support the economy year-round, he drew in new markets through expanded advertising and promotional initiatives, and he significantly strengthened the Chamber's financial standing. Off the island, Wayne served as member of the Western Association of Convention & Visitors Bureaus for 20 years, from 1990 to 2010, and he served as Chair of the California Travel Association from 2001-2002. In the early 2000s, Wayne taught classes at the Western Institute for Organization Management, a professional development program run by the U.S. Chamber of Commerce. When the U.S. Chamber discontinued the program, Wayne co-founded a new program through the Western Association of Chamber Executives (WACE), which launched in



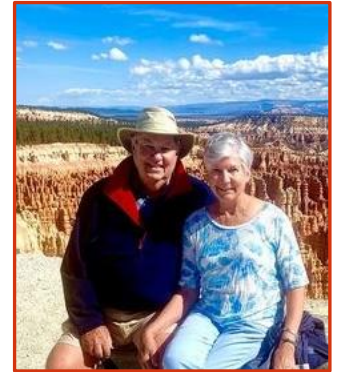


2003 as Academy. Wayne taught at WACE Academy for many years, and the program is still thriving today. In 2008, Wayne served as chair of the board of WACE and was later awarded WACE's Russell E. Pettit Excellence in Leadership Award. WACE is the largest association of chamber professionals in the country, with over 800 members in 18 western states. In addition to his work at the Chamber, it is important to recognize Wayne's contribution to the founding and long-term success of The Inn On Mt. Ada, which he and Susie, along with and their business partner, Marlene McAdam, opened in 1984 and which went on to become one of the most successful bed and breakfasts in the United States, earning multiple awards, including the prestigious 4-Star Forbes Award. Wayne was quick to correct anyone who credited him with the success of the Inn, wanting all credit to appropriately go to Susie and Marlene. Despite his modesty, Wayne did much to support the business and deserves partial credit for its success and the impact it has made on Catalina's economy, history, and culture. The Griffin and McAdam families ran The Inn On Mt. Ada for 30 years.

Wayne used his business acumen and natural musical ability to give back to his community in myriad ways. Of note is his long-time membership in the Avalon Rotary Club, where he served two terms as president; his membership on the Catalina Island Medical Center Board and Catalina Island Museum Society; and his regular performances in community theater, especially musicals. By far Wayne's greatest contribution of service to his island community was at St. Catherine of Alexandria Catholic Church, where he served as organist and cantor for 30 years. An entire generation of island Catholics grew up listening to Wayne play the organ and sing in church every Sunday. He used his musical talents to deepen the meaning of each and every mass he played and to bring people closer to God.

After their retirement in 2014, Wayne and Susie moved to Colorado Springs, CO to be closer to their grandchildren. They traveled all over the U.S. in their 14-foot-long camper-trailer with their loyal and cuddly dog, Winston, by their side.

In retirement, Wayne relearned the trombone and played in multiple different bands in Colorado Springs from 2016 to 2023. He served as Secretary on the Board of Directors of the New Horizons band of Colorado Springs, a



55-years-and-over concert band. He also played in the Bare Bones Trombone Choir, and he volunteered at music programs in local middle schools.

Wayne inspired his friends and family through his many hobbies and passions. In addition to music, Wayne was an instrument-rated airplane pilot, a life-long camping and card game enthusiast, a beach and dog-lover, and the biggest fan of whatever sports or other extra-curricular activities his kids and grandkids were doing. Wayne loved cooking on his grill for friends and family, and no matter what he was serving, he always announced that the meal was "low-cal and low-fat," which it never was. He loved learning new things and sharing time with family and friends, especially when good food, drink, and storytelling were involved.

Wayne will be remembered for his unwavering optimism, believing that ever year, the family Christmas tree was "the best we've ever had!" and that every new person he met was a "great guy/gal!" He will be remembered as a business and community leader, a civil servant, and a family man who put his wife, children and grandchildren above all else. Mostly importantly, Wayne will be remembered for his laugh. Everyone who knew him loved his booming, belly shaking laugh that people swore could be heard from miles away. He spent his life spreading joy through friendship, music, love, and laughter, and his memory will live on in our hearts forever.

*Note: To view Wayne's eulogy, written by Wayne's youngest daughter, Jane De León Griffin, and read at the luncheon following Wayne's Funeral Mass [click here](#).*





### TH-TH-TH-TH-TH-THAT'S ALL FOLKS! CLASSICAL MUSIC IN CARTOONS

By Alex Marquez

In my last article, I wrote about the importance of music in film. From there, I wanted to explore the use of classical music in cartoons, in particular Looney Tunes produced by Warner Brothers in the mid-20<sup>th</sup> century. Do you remember Bugs Bunny, when he mischievously coiffed Elmer Fudd as a barber in *The Rabbit of Seville* (1950)? What about the famous rabbit in his stint as the conductor in *Long Haired Hare* (1949), where he made Giovanni Jones hold a note so long, it literally brought down the house? At least for me as a young child, these cartoons were my first exposure to classical music.

First, I want to clarify something. The term “classical music” is incorrectly applied to all instrumental music that is produced by string, wind, and percussion instruments which is more *formal* or *serious* in nature (as opposed to popular or jazz music). There are several eras of “classical music,” but there was only one that is formally named as the Classical period (ca. 1750-1830). The Baroque era preceding it featured a heavily ornamented style that was both fancy and intricate with composers like Bach, Handel, and Vivaldi. However, in response to the elaborate and embellished styles, the Classical era was named so due to the influence of simplicity in form and style as seen in music, architecture, and art. The Classical era featured composers like Haydn, Mozart, and Beethoven, who composed music with shorter phrases that were much more simple or “classic” in form than the previous Baroque era. Now that we’ve cleared that up, for the remainder of this article, I’ll refer to the widely accepted—if not often misused—definition of “classical music” as instrumental music that is more *formal* or *serious* in nature regardless of which era it was composed.

So, how did classical music find its way into animation? It was used in the early days of cartoons, because there was no character dialogue, and studios could save precious resources using existing music that the audiences could easily recognize. Walt Disney is credited with first using classical music in his Mickey Mouse adventure *The Opry House* (1929). Therefore, it’s no surprise that Carl Stalling,

Musical Director of Looney Tunes for almost 30 years, was instrumental (pun intended) in his involvement with Walt Disney in the groundbreaking, 75-part series called *Silly Symphonies* (1929-1939). While Stalling was only involved for the first year of production, he went on to work at Warner Brothers in their lauded animation department, where he expertly mixed classical tunes with original music of his own. “Stalling was a master at quickly changing musical styles based on the action in the cartoon. His arrangements were very complicated and technically demanding. The music itself served both as a background for the cartoon, and provided musical sound effects. The titles of the music often described the action, sometimes forming jokes for those familiar with the tunes.” ([looneytunes.fandom.com/wiki/Carl W. Stalling](https://looneytunes.fandom.com/wiki/Carl_W._Stalling))

While the era of Looney Tunes has long ridden into the sunset, its legacy continues in reruns and has motivated other animated shows to use classical music. The modern and extremely popular cartoon show *Bluey* (2018)—as seen on ABC and Disney+—is produced in Australia and has been inspiring a new generation of kids (and adults) with its frequent use of classical music from composers like Bach, Mozart, Beethoven, and Holst. Of course, inviting kids to our New Horizons Band of Colorado Springs concerts is also a great way to introduce classical music to young ears. I’m encouraged to see children and teenagers attending Colorado Springs Philharmonic and other classical music performances in our community. It tells me that there’s hope and something special about music in this form that transcends age or musical preferences. The next time you’re in a performance or attending one, invite a young person. Purchase a couple tickets for a parent and a child. Or, if you’re at home with a child, turn on a Looney Tunes cartoon or *Bluey*. These are great ways to keep classical music alive for all generations. Maybe you’re already doing this for a young person. If that’s the case, then take Cogsworth’s advice from *Beauty and the Beast* (1991): “If it’s not Baroque...don’t fix it!”







### GET PAID FOR PLAYING WITH NHBCOS

By Dennis Atkinson

It's true! If you are age 65 or older, have a membership in New Horizons International Music Association (NHIMA) and have an eligible health plan you will receive an initial payment of \$50 and quarterly payments of \$20 if you stay active with playing music with NHBCOS. Here are the details directly from NHIMA and Grouper:

New Horizons Musicians-  
New Horizons International Music Association (NHIMA) has teamed up with Grouper to support our members in a way like never before! This collaboration is designed to get eligible participants, 65 or older, paid for engaging in our community, ensuring you stay healthy and connected.

#### What Does This Mean for You?

Participants with an eligible health plan can get an initial payment of \$50 sent to them for being a part of New Horizons International Music Association. For each three months of activity after that, Grouper will send \$20, if you stay active and keep Grouper updated on your in-person social activity!

#### Check Your Eligibility:

It's easy! To check your eligibility in just a few simple steps, click here:

[GrouperGroups.com/NHIMA](http://GrouperGroups.com/NHIMA)

You'll find out right away if your health plan covers this social benefit.

#### Is Grouper an Insurance Company?

No! Grouper does not sell insurance. *Their mission is to encourage healthy living through activities that build meaningful social connections and shared experiences.* They accomplish this by partnering with health plans to pay you for having fun with friends. This program is free to you and to NHIMA and we have not shared any of your personal information.

We look forward to sharing more about how this partnership with Grouper is designed to enhance your overall well-being. If you have any questions, feel free to contact Grouper at 833-445-2400.

Wishing you a healthier, happier future together!

### You Play, We Pay

Your passion for music is healthcare. Really.

Research shows that participating in groups and activities with others improves our mental, physical and social health. It's called "Social Fitness," and it's the driving force behind everything Grouper does.

Get Paid for Having Fun! Sign up for Grouper today and enjoy the benefits of your current Medicare Advantage or Supplement plan. Once your eligibility and group membership are confirmed, **Grouper will send you an initial payment of \$50.** For each three months of activity after that, we will send \$20, if you stay active and keep us updated on your in-person social activity!



#### ENCORE!

By Dennis Atkinson



Welcome to the newest column in the Joyful Notes newsletter: **Encore!** From time to time, we will revive an article from a past issue of the newsletter that is worthy of rereading or, if you missed it the first time, reading anew. You can find all past issues of Joyful Notes newsletters online by going to [www.nhbcos.org/newsletter](http://www.nhbcos.org/newsletter). Our first issue was published in March of 2020 and there have been many, many well written pieces that are timeless and always enjoyable to read again.

#### THE ART OF ARRANGEMENT

From [July/August 2020](#)

By Harley Ferguson

The arrangements of original music scores that we take for granted at every rehearsal are the result of the knowledge and creativity of the arranger. This arranger starts with an original composition which may or may not be their own. To create an arrangement for a specific ensemble, i.e., Symphonic Band, Concert Band, Kicks Band, etc., the arranger must understand the intended genre. The original score may be symphonic with the new arrangement being jazz or Latin. Assuming the genre is understood, the arranger needs to know what voices

make up the ensemble. The arrangement for Purple Mountain Clarinets (Clarinet Choir) will likely be quite different from one for the Kicks Jazz Band. The more familiar the arranger is with the ensemble the better he/she can showcase the strengths of a highly skilled French horn player or cellist. The arranger may concentrate on orchestration (maintaining the original style and arranging for the defined voices) or composition (modifying the meter and style). Today arrangers have tools like Sibelius which is a program that can make modifications such as key changes across all voices instantaneously. In Mozart's day everything was pen and paper. White-out would have been a money maker.

### **The Arranger**

Last year a local composer/arranger, Dean Mounts, composed and arranged a piece for the Kicks Band. "The Kicks Band Swings (the Blues)" is part of Dean's 70-year career in music. (Listen to the recording at [www.nhbcos.org/kicks-jazz](http://www.nhbcos.org/kicks-jazz)). With no formal musical education beyond his original trumpet lessons and high school band, Dean was on the road with a Big Band by the time he was 17 years old! During his career Dean worked with Elvis Presley, Doc Severinsen, Tony Bennett and Henry Mancini.



Dean's daughter, Barbara Rumbold, a bassoonist in the NHBCOS Symphonic Band, says, "He developed a natural ear from the big band sound and improvisation.

In terms of music theory, he is completely self-taught.

I look back now to when I was a kid and realize that he wrote at home in his head! We didn't have any kind of keyboard, piano or such! Amazing to me!"

### **Ensemble Competencies**

Generally speaking, Dean writes the piece as he hears it in his head, then leaves it to the ensemble to decide if it is within their competency level. He has,

upon special request, arranged pieces with specific musicians and their competency in mind.

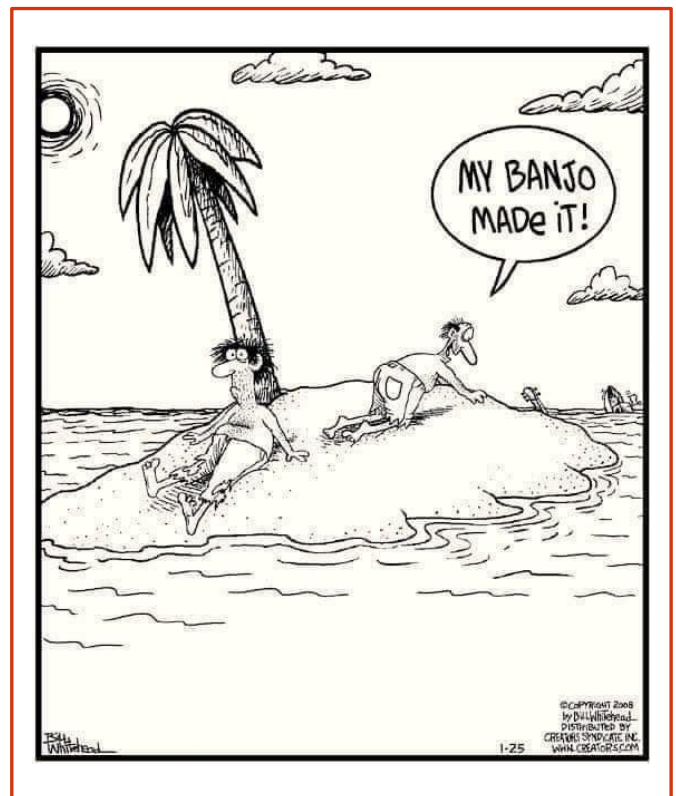
### **Strong Sections and Soloists**

Dean stays true to how he thinks the piece should sound according to the genre. But being a brass player, he is also sensitive to structuring a piece, especially for brass quintet or brass ensemble, that allow players to "get it off the face" for a few bars!! Solos he usually leaves to improvisation but also writes specific solo lines for the non-improvisers.

### **Style**

Dean is a master of swing! Even if he stays pretty close to the original sound of a big band chart, it always has some Dean Mounts flare to it. That is the joy of being an arranger. "You can improve upon a piece or not mess with perfection...your choice!"

Good arrangements are essential for any ensemble to sound its best and for the enjoyment of the listener.





**MARK YOUR CALENDARS** See times and other details on calendar at [www.nhbcos.org](http://www.nhbcos.org)

Monday	Practice – scales, sound production, technical exercises
Tuesday	Practice – long tones, technical etudes, listen to music you enjoy for at least an hour. Tune out all other noise.
Wednesday	Practice – scales, long tones, articulation etudes
Thursday	Practice and actively listen to music by musicians you admire (listening to music being the thing you are doing and not a secondary task). Observe why you like these musicians and set a goal to play more like them
Friday	Practice something non-technical from your repertoire
Saturday	Practice sight-reading some new piece of music
Sunday	Practice living a day of rest and free from news. Read a book. Talk to a friend, or a stranger. Write a letter. Count your blessings. Set a goal for next week.
<b>September</b>	
Sep 22	Autumnal equinox @ 6:44 a.m. MST
Sep 23	Ray Charles birthday (1930)
Sep 23	John Coltrane birthday (1926)
Sep 26	George Gershwin birthday (1898)
<b>October</b>	
Oct 2	Kids’ Music Day
Oct 10	Hug a Drummer Day
Oct 10	Giuseppe Verde birthday (1813)
Oct 22	Frank Liszt birthday (1811)
Oct 24	FNHBCOS Annual Meeting, 5:30 pm to 6:30 pm, PofP
Oct 27	Niccolò Paganini birthday (1782)
Oct 31	Halloween
<b>November</b>	
Nov 1	First Day of Give! Campaign. Contribute through Dec 31 by visiting <a href="https://givepikespeak.org/nonprofit/new-horizons-band-of-colorado-springs/">https://givepikespeak.org/nonprofit/new-horizons-band-of-colorado-springs/</a>
Nov 3	Daylight Saving Time begins. (Fall back one hour)
Nov 3	Last day of NHBCOS Fall Session
Nov 5	Myron Flores birthday (1919)
Nov 6	John Philip Sousa birthday (1854)
Nov 6	Saxophone Day
Nov 11	Veterans Day
Nov 14	Aaron Copland birthday (1900)
Nov 16	Clarinet Day
Nov 28	Thanksgiving

**2024 Autumn Concerts** (see [www.nhbcos.org/concerts](http://www.nhbcos.org/concerts))

Oct 29	NHBCOS Clarinet Choir & Cello Choir Concert, 7:00 pm, Prince of Peace Lutheran Church, 4720 Galley Road, Colorado Springs
Nov 3	NHBCOS Concert & Symphonic Bands Concert, 4:00 pm, Ent Center for the Arts, 5225 N Nevada Ave, Colorado Springs
Nov 4	NHBCOS Concert & Symphonic Strings and Intermediate Strings Concert, 7:00 pm, Prince of Peace Lutheran Church, 4720 Galley Road, Colorado Springs
Nov ?	NHBCOS Kicks Jazz Band Concert, details to be determined but will be posted here and on our website at <a href="http://www.nhbcos.org/concerts">www.nhbcos.org/concerts</a> .





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